

Living Gems* Thrive

MAY 2024

Mum's the word!

Mother and daughter find fun at Caboolture

A family affair

Two generations call
Living Gems home

The big reveal

Amber Country Club unveiled

Double the style

New two-storey display
open for viewing

livinggems.com.au

Message from the CEO

Welcome to the May issue of *Thrive*. With both Mother's Day and International Families Day taking place in May, this month's magazine puts the spotlight on family - the cornerstone of our personal lives and society.

On pages 4 and 5 we share a story about two generations of residents who call Amber by Living Gems home. And on pages 6 and 7, we have another lovely story about Living Gems Caboolture Riverfront mum and daughter who are having the time of their lives by taking part in the entertainment and activities at the resort.

April was a huge month for Amber by Living Gems, with the official opening of the magnificent brand-new Country Club. This stunning two-storey facility is already becoming the social heart of the community, with residents enjoying everything from ten-pin bowling, the beautiful swimming pool, virtual golf, the lounge and games areas and so much more. Turn to pages 8 to 13 for a pictorial reveal. We know homeowner Sandra Morgan, who loves playing sports of all kinds to keep fit and healthy, will be a regular at the new gym (turn to pages 18 to 19 to read more).

Construction of Amber by Living Gems' luxurious two-storey homes has been completed and, following the sale of our first display home last month, we have opened a new display home for viewing. These premium highset three-bedroom homes are beautifully designed and feature a huge range of superb standard inclusions. Look inside the Bowen design home on pages 14 to 17.

I am thrilled to share the exciting news that our wonderful Caboolture Riverfront resort is now fully sold out, with the last Final Stage home now officially off the market.

I'd like to give a special shout out to Sapphire by Living Gems Resort Manager Natalie Bean who's been hard at training for Coastrek Sunshine Coast 2024, which takes place in July. Natalie's team is putting in plenty of kilometres to help support the Heart Foundation. Read her story on pages 20 to 21 and if you can, support her team's efforts by becoming a sponsor!

On behalf of the Living Gems family to yours, I wish you a happy International Families Day and, for all the mums, a wonderful Mother's Day on Sunday, 12 May.



Adrian Puljich

CEO



Children’s playground to enhance family time at Amber

A new children’s playground at Amber by Living Gems, set to be built in the second half of the year, will add a fun, family-friendly space to the huge range of facilities on offer at the resort.

The eco-inspired playground, designed for children between four and 12 years old, will comprise a slide, two climbing walls that give kids multiple routes to the top platform, in addition to other interactive features to encourage creative play.

Living Gems CEO Adrian Puljich said the playground would provide opportunities for more family time at the resort.

“As a family business, Living Gems cherishes the importance of strong family bonds; this playground is a way to support this. Many of our homeowners are proud grandparents, and this kids’ space will be a wonderful spot to take their grandchildren for some outdoor playtime,” Adrian said.

“Research has consistently shown the benefits of outdoor play on children’s physical and mental wellbeing,” he said.

The playground equipment is designed for children of different abilities, allowing kids to cultivate a sense of accomplishment while conquering new challenges at their own pace.

“We believe in creating spaces where families can come together, build memories and foster lasting connections. Providing an area where kids can play safely, get some fresh air and exercise – away from devices and screens – is important,” Adrian added.

“And because we buy Australian whenever possible, the playground has been purchased from a Brisbane-based manufacturer and importer.”

The playground, which will be located near the community garden and dog park, will complement the huge range of lifestyle facilities already available at Amber by Living Gems following the opening of the resort’s Country Club last month.

The structure will be made of quality materials that are safe, environmentally friendly and durable.



Living ‘gens’

Two generations call Amber home

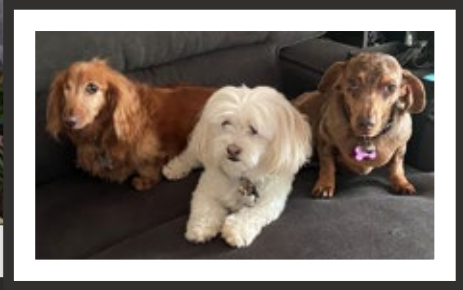
It’s a family affair at Amber by Living Gems with two generations living in the same resort.

Robyn Miners and her husband Kevin Adams recently purchased a home at Amber to downsize and be near Robyn’s parents who purchased at the resort in 2022.

“I’ve been in Queensland for 30 years, with Mum and Dad still living at Cooma in the Snowy Mountains,” Robyn said.

“I never thought they’d move up here but when they put their house on the market, I knew they were serious.”

In helping her parents find a suitable home, they found the best value for money at Amber by Living Gems. Her parents, Daphne and Ken, could move into a brand-new



home and not have to worry about maintenance.

Best of all, it wasn't too far from Robyn and Kevin, or their granddaughter Savannah, husband Lachie, and their fur-baby Digby. Digby used to stay with Robyn during the day while his parents worked but is now a regular daytime visitor with Daphne and Ken.

"We really liked the idea of community living at Amber for Mum and Dad, as it meant they could make new friends and have people around while we worked," Robyn said.

Robyn said she and Kevin would often toy with the idea of downsizing and moving into the community when they visited her parents.

"Then when the second stage was in

planning, we put our name down and picked a block we liked and a house we liked. Our house was too large now for just the two of us. With a big house there was lots of maintenance and cleaning and as we get older, we want to enjoy life instead of always working."

When building began on the second stage of Amber and Robyn and Kevin were called to see if they were still interested, that's when they made the decision to move.

"We sold in Helensvale and moved to be close to Mum and Dad, and Savannah and Lachie, and Kevin's daughter Caitlin who also lived nearby. Kevin's other daughter Eliana lives on the Gold Coast, so we are still close to her.

"We moved into Amber in January, and I have the luxury of working

from home while Kevin works in construction and his job can take him anywhere in south east Queensland."

Former farmers, Ken and Daphne have settled well into resort life at Logan Village. They have made good friends since being at Amber and join in regularly with activities in the resort.

"We had 40 years in Cooma, and I guess we got to the point where we wanted to be closer to our only child and only grandchild," Daphne said.

"Our old house also had many steps which was not good as we get older. We are country people who don't really want the hustle and bustle of the city, but Amber by Living Gems is nice and quiet, and we like being part of the community."



Mum's the word!

Mother and daughter find fun at Caboolture

When Kerry McDougall saw how much fun her mum and dad were having at Living Gems Caboolture Riverfront, her husband asked why they had to wait to join them.

Georgina and David Bailey moved into Living Gems Caboolture Riverfront in February 2021 and Kerry and Roy moved in four months later.

"It was actually my husband's idea," said Kerry. "We all lived on acreage properties around Elimbah, and we noticed that the work was getting to be a bit much for my parents, so we suggested downsizing.

"We've always been very close, and I didn't want to be too far away from



resort, where they are part of the performing arts group.

“We always wanted to be on the stage. We’re natural performers but before we came to Living Gems, we never dreamed we’d be part of a show performing in front of hundreds of people,” said Georgina.

“And it doesn’t matter if we forget our lines. Because we’re performing in front of friends, we all just stop and have a laugh.”

Both couples have their own homes which means they have their own space to relax too.

“The lifestyle at Living Gems suits us down to the ground,” said Georgina. “Although we do spend a lot of time together, we’re not in each other’s pockets.

“We get together for some events, but we do have our own friends at the resort and we’ll do our own things with them.”

Kerry and Roy have two children and three grandchildren who they see regularly with Kerry on hand to assist during the school holidays. With extended family in the UK, the ability to lock-up-and-leave knowing their homes are safe in a gated community and with great neighbours keeping an eye out is a bonus.

“Since we moved to Australia in 2005, mum and dad have been back a few times, in fact they spent last Christmas in England and, a couple of years ago, they went for four months to attend a grandson’s wedding.”

Kerry’s brother came out from the UK to visit recently, and he was impressed by the lifestyle at Living Gems Caboolture Riverfront.

“He came to check in on Mum and Dad and to see what kind of place they moved into, and he was amazed. He couldn’t believe it,” said Kerry.

“He said he wished that there was something like this for his mother-and father-in-law to move to. They simply don’t have anything like this at all in England.”

Mum and Dad, so when we found Living Gems, we were so impressed by everything that was there. The homes were lovely, and the Country Club was impressive.

“My husband said, ‘well, we like the place and we’re considering making a similar kind of move ourselves in five to seven years’ time, so why wait? Let’s move in too.’”

And that’s what they did with homes just a couple of streets away from each other in the resort.

“We regularly go out together to the beach at Bribie to go fishing,” said Georgina.

“Well, our husbands go fishing, we just come along and bring books to read,” added Kerry. “And even then, the boys don’t catch anything.”

“Oh, don’t say that!” interrupts Georgina with a laugh. “No, no, they always catch fish and they’re always big ones too.”

Mother and daughter’s comedic flare has found full expression at the





The big reveal

Amber by Living Gems Country Club unveiled

Boasting just the right balance of design elements which incorporate space, line, forms, light, colour, texture and pattern, the recently opened \$10.5-million Amber by Living Gems Country Club delivers the perfect aesthetic blend for the resort's stylish new social spaces and facilities.

"The design of the Country Club has been meticulously crafted to ensure the fundamental elements work harmoniously to create well-designed interiors that provide spaces that are functional, appealing to the eye, and give a wonderful sense of rest and relaxation," said Living Gems CEO Adrian Puljich.

"Everyone has been watching this amazing venue come together and the finished product is a sight to behold, especially now that the interior design team have finished putting their stamp on it," he said.

"The mid-century modern-inspired look and feel of the interior, with its rich colours of greens and chartreuse, plus walnut and brass finishes, come to the fore throughout. It's looking amazing."

He said every room provided patrons with a welcoming and warm atmosphere, with each having something special of its own.

"The scene is set as soon as you walk into the building with feature lighting — in the form of large statement pendants — hanging in the foyer's entry void for all to see."

From billiards and ten-pin bowling to watching movies in the plush theatre, Adrian said residents have a huge range of options whether they're in the mood for relaxing, socialising or working up a sweat.

"The superior finishes and furnishings for each room also provide the utmost of comfort and atmosphere, which is so important when you are relaxing with family and friends," he said.

Check out the stunning new Amber by Living Gems Country Club in this six-page pictorial spread.







**PUBLIC
OPEN DAY**



For illustrative purposes only



You're invited.

Amber by Living Gems Country Club Grand Opening

Discover the lifestyle you deserve and experience resort-style living in an over-50s community boasting a stunning new \$10.5-million Country Club.

Join us on Saturday, 11 May to explore the contemporary elegance of the recently opened, mid-century modern-inspired Amber by Living Gems Country Club. Take the opportunity to view our latest beautifully appointed two-storey display home for a taste of elevated over-50s living in leafy Logan Village.

Date Saturday, 11 May

Time Session 1: 9am to 10:30am
Session 2: 11:30am to 12:30pm

Where Amber by Living Gems
1 Manuka Road, Logan Village

RSVP Register online at livinggems.com.au/amberlgccpublic
by Friday, 3 May 2024

Registration essential | livinggems.com.au



Double the lifestyle

Luxury over-50s living in new two-storey homes

Designed for elevated, luxury over-50s living, Amber by Living Gems' two-storey homes deliver double the lifestyle.

Only five highset homes will be built at the resort, of which two have already been sold, with two design options on offer – the Bowen and Stanley.

Amber by Living Gems Sales Manager Lynda Ruddell said the three-bedroom residences boasted between 230 sqm to 233 sqm of living space and featured a generous array of market-leading standard inclusions.

“Each of these brand-new homes has been designed with quality and affordability in mind, complemented with standard inclusions that are anything but standard,” she said.

“From beautiful kitchens with stylish stone splashbacks, built-in dishwashers and refrigerators to lovely plantation shutters on the front windows, extra-high ceilings and wonderful open-plan living areas, the double-storey homes are sure to impress.”

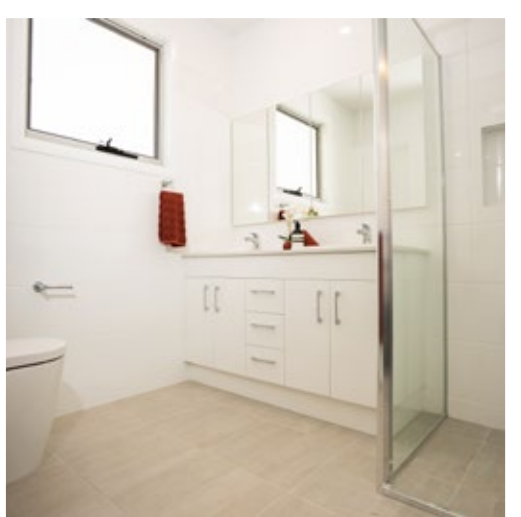
Located in Stage One, within walking distance of the newly opened Country Club, the homes are priced from \$855,000.

Book a tour today

To book an appointment to view our Bowen display home or for more information, contact our friendly sales team on 1800 317 381.









The Bowen two-storey display home

- Modern, three-bedroom home
- Master with walk-in robe and double vanity ensuite
- Ultra-high ceilings
- Luxurious, designer kitchen
- Powder room
- Second bedroom with walk-in robe and ensuite
- Contemporary elevator plus stairs
- Lovely alfresco area
- Two-car garage





Above-par lifestyle

Sporty Sandra gets into the swing

If you're ever looking for Sandra Morgan, there's a good chance you'll find her on the golf course at least four days a week.

On the other three days, look for her in the gym at Amber by Living Gems' newly opened Country Club.

Sandra, and husband Gary, moved into the resort in November last year and are settling in nicely, though Gary is still very much a 'golf widow'. As he's not much interested in golf, he'll get to join Sandra in the gym.

"I've always loved sports," Sandra, 73, said. "Netball, hockey, and squash have always been my main sports although I stopped playing netball when I turned 60 and fell over. You bruise a lot more when you're older.

"When I was 68, I learned to play golf. I decided it was the best sport for me as people aren't running into you and you can go at your own pace.

"We were living on Coochiemudlo Island at the time and the ladies next door said they were going for a hit and a giggle, and I thought I'd go along. I had about two lessons to show me how to hit the ball.

"Now I play social and competition golf each week – winning some and losing some. I love the fitness and the social aspect of the game, as you can go out for lunch at the golf club, and you meet lots of people.

"Living in an over-50s resort is great because it's low-maintenance living and there's not much work to do, and I can get out and play golf. It's like living in the country here at Amber."

The Amber by Living Gems Country Club has lots to offer residents seeking active, healthy lifestyles. The Country Club features a snooker parlour and games room, gymnasium, bocce court, bowling green, pickleball court, heated swimming pool and spa, golf simulator, and a ten-pin bowling alley.

Amenities also include a resident bar, coffee lounge, cinema, music room, library, and community garden.



Natalie works up a sweat for a good cause!

Reluctant trekker supports heart health

Exercise isn't something Natalie Bean even remotely enjoys but she's determined to give it a red-hot crack to raise money for a good cause.

The Sapphire by Living Gems Resort Manager is stepping out of her comfort zone to raise money for women's heart health as part of the Wild Women on Top Coastrek 2024 challenge on the Sunshine Coast. The event will take place on Friday, 19 July.

Money raised by Natalie and her friends from the 20 km trek from Coolum to Noosa will benefit the Heart Foundation.

"Sadly, almost every hour of every day, an Australian woman will lose her life to heart disease and thankfully we can make a big difference to raise life-saving funds," said Natalie.

Natalie said she wasn't too sure a 20 km trek was the best way for her to support the cause, but one of her friends insisted it would be fun.

"I hate exercise and I told my friends Jessica and Tammy that I'd only do it if our friend Melinda, who is just as unfit as me, would do it. I was expecting her to say no, but to my surprise she didn't! That's how I got roped in," she said.

"Melinda thought we could just wing the 20 kilometres on the day with no training beforehand and I was like 'no way! You can't wing 20 kilometres!'. Now I'm training each fortnight trying to get some walks in, going to a different location each time."

Is Natalie enjoying having a post-exercise glow?

"I would like to say yes, but I just feel tired and sore. I know it's good for me though...I think," she grinned.

Natalie described a walk at Daisy Hill in Brisbane where she walked behind some 'super-fit people'.

"I didn't realise how hilly the Daisy Hill walk was going to be. At the end, the fit people commented that there were no hills, and I was like, 'what the



Source: Logan Village Family Favourites Country Bakery

Best bakery named

Amber by Living Gems homeowners are living near Logan's best bakery – as voted by hundreds of radio listeners.

Logan Village Family Favourites Country Bakery was recently named Triple M's best bakery in Brisbane, only weeks after it won a similar title on Rebel FM.

The bakery – at 3/1-5 Wharf Street, Logan Village – is most famous for its pies, which it reportedly sells 3500 a week in summer, and more than 6000 in winter! The bacon and cheese and the curry pies are firm favourites. Word on the street is that a special satay pie is coming soon.

heck? It was all hills!"

"The Daisy Hill walk was ten kilometres, but it felt like 20, and I carried water in my backpack. Those fitness people did it though without any water. They are crazy!"

Natalie thought she'd get in some extra training by going for a bike ride with her ten-year-old son Ayden, who loves riding in nature.

"On the way back, we were cycling down a main road at Eagleby when my front wheel became loose. Suddenly, I was flying over the handlebars and landed on the ground.

"Someone yelled out, 'man overboard!' as they were driving past. It was so embarrassing as so many people saw it, but it was pretty funny – a flying blob going overboard! Ayden also got great comical value out of it!"

Luckily Natalie only sustained a few bumps and scratches, and her husband Daniel came to pick her up.

Despite the misadventures, Natalie is still pushing on with her training and can't wait to get through the 20km Sunshine Coast trek – even if it's just so that it is done and dusted.

"Raising money for a good cause helps get me through and, touch wood, I'll like exercise at the end of it! Thank you to everyone who has supported our team so far. Every bit helps!"

Have a heart!

To support Natalie, and encourage her to continue her training, head to her fundraising page at coastrek.com.au/s/49719/59307/e



Volunteering with heart

How many hands make light work

There's a saying that 'volunteers do not necessarily have the time; they just have the heart'. On behalf of Living Gems, we'd like to thank all volunteers who so selflessly donate their time to help events run smoothly.

Ahead of National Volunteer Week, which runs between May 20-26, we spoke to a few volunteers at Sapphire by Living Gems where resident photographer Allan Kajewski said there was always a strong contingent of generous homeowners ready to lend a hand.

"Residents of Sapphire are fun-loving people, and we have so many volunteers doing jobs from setting up for functions to organising events. We have two hard-working committees – our homeowners and social committees. All volunteers do a wonderful job," he said.

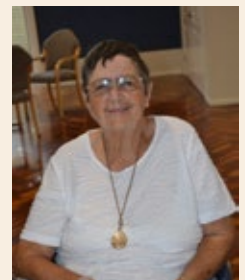
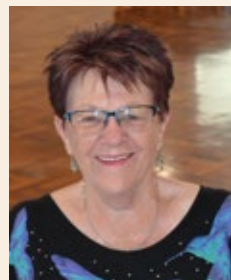
Roy and Margaret Koplick are volunteers who will this year celebrate their 20th year of living at Sapphire, along with their 60th wedding anniversary.

The couple has volunteered ever since moving in, wearing a range of different hats – helping with meal preparation, cooking on the barbecue or setting up the table and chairs ahead of social events, just to name a few. Roy has also had stints as president and chairperson of the bowls club, and greenkeeper.

Even before they retired the couple would help in the community. With Roy having a lengthy career in



Sapphire by Living Gems Volunteers



corrective services, he'd volunteer with programs that helped rehabilitate prisoners back to work or for homelessness causes. The couple would help women and children escaping domestic violence situations and with Margaret working as a volunteer at the Dalby St Vincent de Paul opportunity shop they were able to provide further assistance to those in need.

Roy said: "I am so proud of the team of volunteers that operate in their various roles that makes Sapphire by Living Gems a great place to live."

Keith Pavey is another at Sapphire who finds volunteering rewarding.

He was helping set up hamburger night, which attracts about 90 to 100 people, when we spoke with him.

"We have a great group of volunteers who come along to the hall to help with set up, kitchen duties, bar work and various other functions. And yes, we could do with a few more volunteers.

"Maureen Whittaker – President of the Social Club, the committee and many volunteers combine to put together social events throughout the year."

Events include charity fundraisers and special events such as Anzac Day, Australia Day, Irish night,

Melbourne Cup Day, and so many more.

"We are also lucky to have Allan Kajewski, our very own photographer who is pretty handy with a camera. He develops the photos himself and puts them in the monthly Snippets newsletter (produced by Pamela Paddick) and he also prints off photos all at his own expense. He's even put together a hard copy book with magnificent colour photos of everything that happens in the village. The book is very hard to get hold of as people are eager to look at the album."

Get more than you give

Why volunteering is good for you

The idea of retirement and switching off the morning alarm clock to have a sleep-in every day is the dream of many workers.

However, losing long-established routines and status earned over years of experience can be downright depressing once the honeymoon phase of retirement is over.

Did you know that volunteering could be one of the secrets to a happy retirement? National Volunteer Week from 20 to 26 May puts the spotlight on the importance of those who give their time to make a difference.

The first and most important tip for enjoying life after working is rediscovering a sense of purpose. With a lifetime of experience to share, volunteering is a great way to create great social connections – especially for a good cause. Opportunities are numerous, fun and closer to home than you might think.

We're a nation of volunteers with more than six million Aussies regularly showing up to help at community organisations every year.

It might be surprising to learn that the age group with the highest number of volunteers is not the group with the most amount of spare time. According to Volunteering Australia, the largest group of volunteers (at 36.2 percent) are in the 40 to 54 age range.

But did you know that volunteering is not just good for other people but good for you too?

Giving your time has positive physical and mental wellbeing benefits with research from the Mayo Clinic revealing that those who regularly lend a helping hand had lower rates of depression and anxiety. In fact, volunteers overall had lower mortality rates than people who didn't.

The benefits don't just end there.

Connection with community

Isolation is a serious issue for older Australians with 20 percent socially isolated – the highest demographic to experience loneliness. Working with a volunteer group gets you out and about meeting other people across a wide range of age groups, which helps you feel more socially connected.

Share your skills and learn new ones

There are some volunteer organisations where you can act as mentors to younger people and share the wisdom of your experience as well as some of the practical skills you've mastered. Also, be open to learning new skills yourself. This might mean brushing up on your computer knowledge. Trying something new serves to keep your brain sharp and active.

Broaden your horizons

If you like to travel, there are also volunteering opportunities that take you away from well-trod tourist destinations. Spend more time in a particular location to explore the culture and do some good too.

Research your next volunteer opportunity

Interested in volunteering and don't know where to start? We have some websites for you to explore:

Volunteering Australia - volunteeringaustralia.org/#/

Go Volunteer - govolunteer.com.au/volunteering/in-queensland-qld

Volunteering in Queensland's National Parks - des.qld.gov.au/our-department/employment/volunteers/opportunities

GVI Australia - gviaustralia.com.au/over-50s-volunteering/



Amber

Sales Managers' Message

The celebrations are still continuing following the grand opening of the Amber by Living Gems Country Club in mid-April.

The grand opening was a fantastic opportunity for everyone to meet, mingle, and raise a glass to the activities they will be partaking in with their current and future neighbours. See photos from the exclusive event on the opposite page and check out the pictorial spread of the interiors on pages 8 to 13.

Visitors to our recent morning tea event enjoyed viewing our two storey display home – the Bowen design. The Archer homes have now both sold, and only three of these stunning split-level villas remain for sale.

Call myself and Lynda today to arrange a viewing on 1800 317 381 to not miss out on one of these rare and

modern home designs located on private perimeter sites.

If you would like to view the brand-new Amber by Living Gems Country Club and our highset display home, the Bowen, come along to our Country Club Open Day on Saturday, 11 May. To register, see details on page 13.

We have almost every home at Amber now under contract, with no further stages of construction to follow! If you don't want to risk missing out on securing one of the final homes available, call our friendly team today.



For illustrative purposes only



Amber by Living Gems Sales Team

Tameeka Manson, Sales Manager
M 0407 766 414 | E tameeka@livinggems.com.au

Lynda Ruddell, Sales Manager
M 0456 383 269 | E lynda@livinggems.com.au



It's party time!

The champagne flowed as fast as the conversation as more than 350 homeowners gathered to celebrate the opening of the \$10.5 million Country Club at Amber by Living Gems in Logan Village last month.

Opened by Living Gems CEO Adrian Puljich, with Peter and Vlad Puljich also in attendance, the two-storey facility boasts golf simulator, ten-pin bowling, private cinema, and more, setting the benchmark in over-50s resort living in the region.

"Our homeowners have been eagerly anticipating this day for a long time," said Sales Manager Lynda Ruddle.

"And on the day, they certainly let their hair down! The food from Chef Matt Conquest went down a treat as did the delicious seafood on offer. The afternoon celebration continued well into the evening with the live band persuaded to perform a few more sets to the delight of the homeowners.

"The social groups that have formed now have a lovely new home and I know that many homeowners will be eager to try out everything over the coming weeks."

The spirit of celebration continues into this month with the public open day on Saturday, 11 May.



Villa 228 | Galah

Bowen

\$858,000



3



3.5



2



1

Refinement meets practicality in the three-bedroom Bowen. The highset design offers two storeys of stylish living. A lounge room and spacious master bedroom with ensuite is found on each floor which is accessed by stairs or your own private lift. The ground floor has an impressive kitchen that overlooks an open-plan living and dining space while a sizable alfresco area is accessed from both the kitchen and master bedroom.



Resort Round-up

Welcome to another edition of Resort Round-up which gives an insight into some of the fun and fabulous activities, events and special occasions enjoyed by homeowners within our Living Gems communities. Here are just a few:

At **Amber by Living Gems** there were major celebrations held to welcome the opening of the over-50s lifestyle resort's much awaited \$10.5-million Country Club which is set to become the hub of the community. It will also be a wonderful venue for future entertainment and social events, many of which are already in the planning stages and no doubt will feature on these pages in coming months.

Games, singing and dancing were enjoyed by more than 80 people attending a recent Saturday Night Live event held at **Ruby by Living Gems**. The night began with music while residents caught up with friends, neighbours and family. There were gifts for all the women and lucky prizes for different activities.

The night's compere, Michael, had everyone play a Pick-a-Box game while Lia hosted a dancing game of elimination called Monte Carlo with around 30 competitors. Resident, Alan Voss, entertained the crowd with his singing and playing of popular songs, while joke teller Janet sparked great laughter, and fellow resident Jenny sang a special number. A great night was had by all!

Residents of **Living Gems Caboolture Riverfront** recently

packed the dance floor for the Fleetwood Mac Tribute Band, Rumours, show. The resort's entertainment program is really taking off with music lovers also enjoying a fabulous show that saw The Linda Ronstadt Tribute Show and the Boogie Boys team up.

The show nights are attracting up to 200 people with the next concert set to feature husband and wife duo, Mika.T. Held in the Country Club, these fabulous nights are organised by the resort's Showtime Booking Queen, Gayle Harris, who has already arranged for tribute bands Neil Diamond and the Australian Eagles Band for future events.

Living Gems Caboolture Riverfront residents have also been hitting the road in their vans together for a tour around NSW.

Meanwhile, **Sapphire by Living Gems'** Resort Manager Natalie Bean is stepping out of her comfort zone to raise money for women's heart health as part of the Wild Women on Top Coastrek 2024 challenge on the Sunshine Coast. The event will take place on Friday, 19 July. Money raised by Natalie and her friends from the 20 km Coolum to Noosa trek will benefit the Heart Foundation.

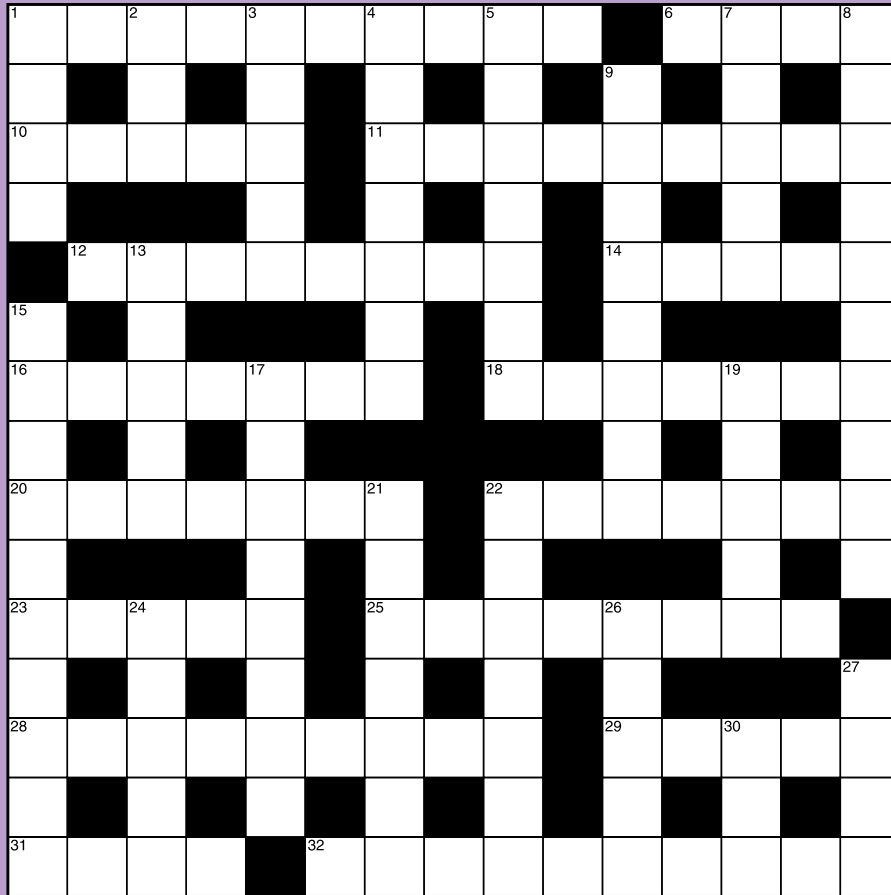


Share your photos and news with us!

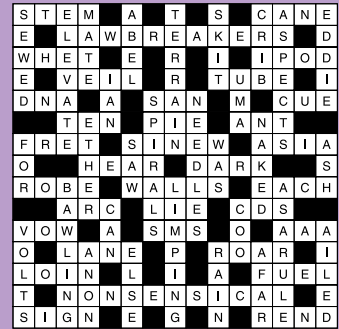
If you would like to have your photos featured in the *Thrive Resort Round-up* next month, or have a story idea to share, we'd love to hear from you. Send your photos to us before the 15th of each month to ensure your shots can be included in the next edition. Email us at content@livinggems.com.au



Crossword



Last months solution



Across

- 1. Mandatory
- 6. Coloured (hair)
- 10. Gold bar
- 11. Relinquishes (claim)
- 12. Pursuing stealthily
- 14. Carries (gun)
- 16. Encrypts
- 18. Move sinuously
- 20. Severe
- 22. Port Vila is there
- 23. Subject
- 25. Upset result
- 28. Brand (5,4)
- 29. Stop

31. Uses spade

32. Deprived of water

Down

- 1. Spiral
- 2. Tankard
- 3. Up to the time
- 4. Combat flights
- 5. Breaks promise
- 7. Sloop or ketch
- 8. Calamitous
- 9. From Vienn
- 13. Nails
- 15. Laid to waste
- 17. Saturates

19. Mounds

21. Put into bondage

22. Assortment

24. Car crash

26. Come up periodically

27. Give food to

30. Appropriate



San Choy Bau Lettuce Wraps



Fresh and savoury treat perfect for autumn

As the cool of autumn starts to feel its way in, there's nothing quite as comforting as a light yet satisfying meal such as San Choy Bau lettuce wraps, according to Chef Matt Conquest.

"A delightful fusion of textures and flavours these delicious Chinese lettuce wraps promise to invigorate your taste buds," he said.

This recipe combines the freshness of crisp lettuce with a savoury filling, creating a dish that's perfect for a chilly evening. Whether you're looking for a quick and light dinner option or a flavourful appetizer, this easy-to-make dish is sure to become a favourite.

Method

1. Heat the vegetable oil in a large pan or wok over medium-high heat. Add the chopped onion and garlic, and sauté until softened and fragrant for about 2 minutes.
2. Add the chicken mince to the pan, breaking it up with a spoon, and cook until browned and cooked through (about 5 minutes).
3. Stir in the diced carrot, capsicum, and water chestnuts, and cook for another 3 to 4 minutes, until the vegetables are tender.
4. Mix the soy sauce, oyster sauce, hoisin sauce, and sesame oil in a bowl. Pour the sauce over the chicken and vegetable mixture in the pan. Cook the mince for 2 minutes. Season to taste.
5. Remove the pan from the heat, and spoon the filling into the lettuce leaves, dividing it evenly among them.
6. Garnish the filled lettuce wraps with sliced green onions and chopped peanuts or cashews, if desired.
7. Serve the San Choy Bau lettuce wraps immediately, with sriracha or chilli sauce on the side for those who enjoy an extra kick of heat. Accompany with lime wedges for squeezing over the wraps just before eating.

Ingredients

Makes 8 lettuce cups

For the mince filling

- 1 tbsp vegetable oil
- 1 onion, *finely chopped*
- 2 garlic cloves, *minced*
- 250g chicken mince
- 1 carrot, *finely diced or grated*
- 1 red capsicum, *finely diced*
- 1/4 cup water chestnuts, *finely chopped*
- 2 tbsp soy sauce
- 1 tbsp oyster sauce
- 1 tbsp hoisin sauce
- 1 tsp sesame oil

Salt and pepper to taste

- 1 long red chilli, *sliced (optional)*
- 2 spring onions, *thinly sliced (for garnish)*
- 2 tbsp chopped peanuts or cashews *(optional, for garnish)*

For serving

- Large lettuce leaves (*baby cos, iceberg or baby gem*)
- Sriracha or chilli sauce *(optional, for added heat)*
- Lime wedges

Frame that shot

Pretty as a picture! Living Gems' popular photo competition returns for 2024.

We're looking for creative photographs that showcase why the Living Gems lifestyle is simply lifechanging.

They can be terrific travel destinations, wonderful wildlife photography or fabulous times with

friends. Entries are open to all Living Gems homeowners.

The best photograph each month will be featured on the back page of *Thrive* magazine as well as on Living Gems' Facebook page.

Get snapping! The competition will run until 1 November 2024. Submissions should be sent to content@livinggems.com.au

Guidelines for submitting your photos

Photos must:

- Be taken by you
- Be at least 2MB in size
- Include the location of the photograph, along with any interesting information about the destination.



May Photo Winner

Sandy Gillis reports that wildlife make a regular appearance at Living Gems Maleny. "I'm not sure why this pair of Tawny Frogmouths decided against sitting in a tree, but I was happy to photograph them when the homeowners invited me over for a look."

You could be our next photo competition winner. Submit your photo to content@livinggems.com

Amber

1 Manuka Road
Logan Village QLD 4207

1800 317 381

Pacific Paradise

596 David Low Way
Pacific Paradise QLD

1800 978 388

Maleny

23 Macadamia Drive
Maleny QLD 4552

07 5429 6108

Caboolture Riverfront

176 Torrens Road
Caboolture South QLD 4510

1800 718 417

Opal

42 Quinze Creek Road
Logan Village QLD 4207

07 5547 2333

Sapphire

196 Logan Street
Eagleby QLD 4207

07 3804 7655

Gold Coast

70 Hansford Road
Coombabah QLD 4216

07 5577 5899

Ruby

225 Logan Street
Eagleby QLD 4207

07 3386 1771

livinggems.com.au

Living Gems 