

# Message from the CEO

Welcome to the August issue of *Thrive!* For many of our homeowners, pets are very important family members – something which we at Living Gems couldn't agree with more.

Our over-50s lifestyle resorts are designed to be pet friendly, and we welcome fur-babies with open arms. Most of our resorts also have off-leash dog runs for pets to stretch their legs and socialise, and numerous residents enjoy walking their pets together in and around our communities.

In this month's *Thrive* magazine, we share a range of entertaining and informative pet-themed content including a lovely story about an Amber by Living Gems couple and their canines Spike and Ruby, an informational guide about pet ownership and what to consider when looking at over-50s resorts versus retirement villages, plus an interesting feature about how dogs and cats communicate with us.

In leafy Logan Village at Amber by Living Gems, the commercial construction team has been powering ahead with work on the magnificent Country Club. The roof is now on – an exciting milestone – and lower-level sheeting work has commenced, as well as upper-level framing and service rough-ins. The residential construction team also continues to make good progress on Stage Two home builds. A new vehicle wash bay is currently being installed next to the residents' workshop, with the concrete slab for this new facility poured last month. We anticipate the wash bay will be ready for homeowners' use by the end of August.

Living Gems Caboolture Riverfront still has some wonderful move-inready homes available on unbeatable premium sites. Turn to page 16 for more information if you're ready for a simply lifechanging move to this beautiful, friendly community.

I hope you enjoy reading the August issue of *Thrive* and I look forward to bringing you more Living Gems news and updates next month.



Adrian Puljich CEO



## Raising the roof at Amber

Last month the \$10.5 million Country Club at Amber by Living Gems hit an exciting milestone with roof works complete.

This outstanding resort facility is set to be the heart of the community, designed to offer an exceptional range of lifestyle and leisure options, including swimming pool, ten-pin bowling, luxury cinema, bar and cafe to a golf simulator, games room and library.

With the roof complete, the next stage for the commercial construction team centres on the inside of the Country Club, said Living Gems Chief Executive Officer Adrian Puljich.

"It is always exciting to see progress on a new Country Club and there are few milestones more significant than seeing the roof complete," he said.

"This means our commercial construction team is going full steam ahead on sheeting work on the ground level of the Country Club while on the upper level, framing and service rough-ins are now taking place."

Designed for entertainment, active fitness as well as relaxation, the two-storey Country Club has been especially designed to blend modern, contemporary design with an aesthetic in keeping with the relaxed semi-rural charm of Logan Village.

The ground floor lobby area will open out to the main hall complete with stage and dance floor.

Complementing this space is a formal lounge, and a bar with café/ dining area. Homeowners will also enjoy a fully equipped gym and hair salon on this level before stepping out onto a large alfresco area that features a heated outdoor pool with barbecue pavilion.

Adjacent to these facilities is a bowling green with nearby clubhouse, and pickleball and bocce courts.

On the upper floor, a large games room featuring billiards and table tennis opens out onto a spacious balcony. Also, located on this level will be a two-lane ten-pin bowling alley, golf simulator, expansive library, private cinema, creative arts studio, as well as music and meeting rooms.

"With work on Stage Two also progressing strongly, thanks to the tireless work of the residential construction team, we're thrilled to see this vibrant community take shape," said Adrian.



# New home has tails wagging

### A paw-fect transition for Amber's newest residents

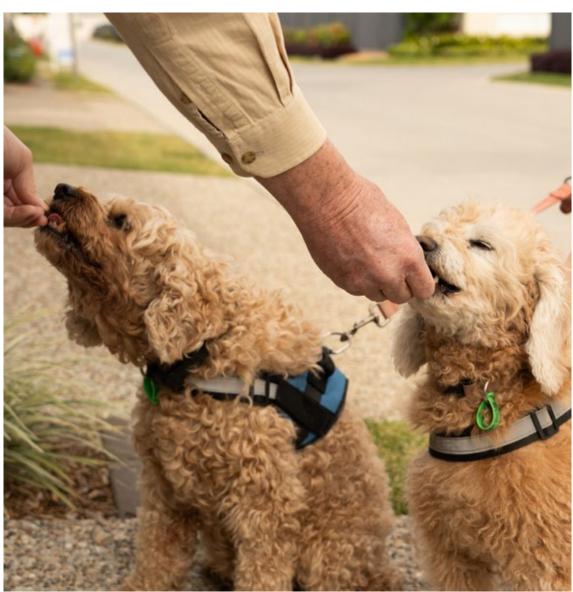
There are some new four-legged residents on the block at Amber by Living Gems with Spike and Ruby giving their owners Margaret and Roy Featherstone a tail wag of approval. Margaret and Roy recently relocated to Amber from Woodgate near Bundaberg and say that it's been a perfect transition.

"Spike and Ruby are settling in very well," Margaret says. "Spike is 13 while Ruby is 12 and at their age, I didn't expect the change to go so smoothly, but the move has changed their personalities and they have reverted to puppyhood, especially Spike.

"We had a big backyard, and he was away from the house a lot, but now that he's closer to us he's so excited because he has so much to do and the two of them are just changing for the better."

"They play with all their toys now,





and they haven't done that in years," Roy says.

Roy and Margaret ended up getting Spike, a cavoodle, and Ruby, a cavalier poodle, from their daughter Annette after their grandkids started school and no one was home through the day.

"The dogs missed having the family at home. Spike started barking a bit and harassed the chickens, so we got the two of them and they have been with us for nine years," Roy says. "We've got 18 grandchildren, and are about to have six great grandchildren so what was another two furry grandchildren?"

The dogs' personalities keep these grandparents entertained for hours

and they say the secret to good dogs is in the treats.

"We work on treats with them. I used to train guide dogs so have always known the value of treats. It worked perfectly with the four guide dogs we trained," Margaret says.

"Our dogs get a dental stick every morning and a treat after their walk," she says. "We use a chicken breast jerky treat as the signal that they're not coming into the car with us, so they know they have to stay home."

When going for a drive, Ruby and Spike know they will get a liver treat to stay in the car.

"Different treats for different things, it works a treat you could say," laughs Margaret. "Ruby has a personality where she's all over you," Roy says. "It's 'me, me, me - don't even look at Spike', and being the reserved little man he is, he sits back quietly at first, but he's coming out of his shell."

Then there's the new walk-in pantry at their Amber by Living Gems home.

"One day, Spike decided to help himself to the dog food and we came home to packets all over the floor as he searched for the dog food," Margaret laughs. "He pulled all the packet stuff out and looked so disappointed that he didn't find the dog food as it was on a higher shelf. It's fun times every day!"

# Pet-friendly community

## Welcoming your pets to Living Gems

Pets bring us so much joy and companionship, so when you're ready to downsize you need to be sure that your furry and feathered friends are welcome as well.

In this pet guide, we'll look at all the factors you need to consider when choosing between a retirement village or an over-50s lifestyle resort.

Not all Australian retirement villages welcome pets. In fact, according to a 2018 Animal Welfare League survey, only 18 percent of residential aged care facilities allowed pets – this is even though 64 percent of Australian households have pets.

Many older retirement villages weren't built with pets in mind and don't have private yards or off-leash walking areas. And for many years, these villages enforced a blanket ban on all pets.

However, lifestyle resorts that are created for active over 50s, such as Living Gems, welcome pets.

Our resorts are designed to be pet friendly, with plenty of leashed walking areas and many also offering enclosed off-leash dog areas as part of the development.

Like all lifestyle resorts, there are basic rules for homeowners to follow. For example, Living Gems' pet polices are:

- Owners are responsible for their pets' behaviour.
- Local council laws regarding pet ownership must be complied with.
- Dogs must be kept on a leash at all times, unless they are in your home, or fenced-off alfresco area, or at the resort's off-leash dog run.
- · Cats must not stray from your home or roam the resort.
- · Cats are to be kept indoors at night to protect local wildlife.
- Pets are not allowed inside the Country Club, common facilities or any Living Gems offices except for assistance animals.
- Unacceptable pet behaviour may result in a written warning. More than three written warnings may result in a request for the pet to be removed from the resort.





Moving to a new home can be stressful for both you and your pet, but there are several things you can do to help your furry friend settle into their new surroundings:

Keep to a routine: Try to stick to your pet's normal routine as much as possible, including their feeding and exercise schedules. This will help them feel more comfortable and secure in their new environment.

Create a safe space: Set up a designated space in your new home for your pet, such as a cosy bed or crate, with their toys and familiar items. This will give them a place to retreat and help them feel more secure.

Introduce them to the new home gradually: Start by introducing your pet to one or two rooms in your new home, and gradually let them explore more areas as they become comfortable. This can help prevent them from becoming overwhelmed or stressed.

**Spend time with them:** Spend quality time with your pet, playing, snuggling, and talking to them. This will help them feel more at ease and strengthen your bond with them.

**Update their identification:** Make sure to update your pet's identification tags and microchip information with your new address and phone number in case they get lost.

Be patient: It may take some time for your pet to adjust to their new surroundings, so be patient and understanding. Provide them with lots of love and attention, and they will soon feel right at home.



## Travellers' delight

## Massive garage a highlight of new Living Gems home

Perennial travellers Steve and Sandy Trevor couldn't believe their eyes when they moved into their brand-new home at Amber at Living Gems a few weeks ago and saw the size of their purpose-built RV garage for the first time. "It was absolutely massive, and our grown kids likened it to an airline hangar," said Steve, who not only parked their 22-foot caravan inside the 10.5 metre garage but also a 200 series LandCruiser and a Mazda 2.

"And there was still more room up the back for storage," he said.

Backing the caravan into the garage for the first time was a little daunting, according to Steve, who was concerned they needed more space to manoeuvre, but with Sandy at the wheel and Steve giving directions, the experienced travellers succeeded first go.



"We can now lock up our home securely and do longer trips more often. WA is one of the places we really want to see because it has so many beautiful locations such as the wine district of Margaret River, sandy beaches along its enormous coastline and so much more, but that's just the start," said Steve.

After just two weeks in their new home at Amber, the couple were already heading off for a five-week holiday to Mt Isa, across to Townsville and then home again.

"Our July settlement was ahead of schedule because we weren't expecting to move in until August/ September, but it has worked out well, allowing us to set up our new home, ready for when we return," said Steve.

The vivacious adventurers, who love the relaxed carefree life of travelling Australia, say they are also looking forward to their new lifestyle at Amber, especially once the new Country Club is completed.

"We're keen to play ten-pin and lawn bowls, as well as doing aerobics, fitness training, swimming, and socialising with other residents. We love to mingle and have a good chat," said Steve who has plans to join the resident pool competition on his return from Mount Isa.

He said everything you would ever want to do is either at the resort or within walking distance including shops, and beautiful strolls along the Logan River.

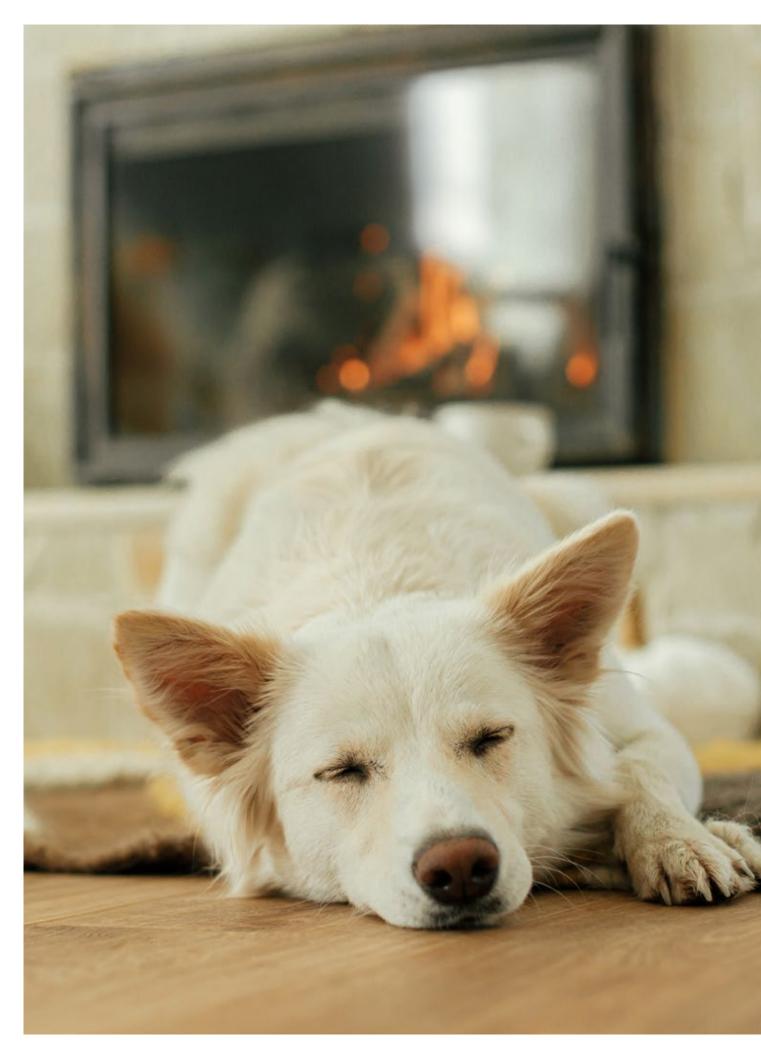
"We've only been at Amber for two weeks and have already been to three happy hours at the resort's temporary clubhouse. We are very happy and know we made a really good decision to come here. Even our kids can't believe how great it is."

"I don't know what I was worried about," he laughed.

Steve and Sandy, who have been married for 43 years, have 28 years of caravanning behind them. They've owned their current van for eight years and had several others prior to that in which to take their three children, who have children of their own now, on frequent holidays throughout Queensland and New South Wales.

Their move into the Amber by Living Gems over-50s lifestyle resort was made so the newly retired couple could step up their adventures and see more of Australia.







## All the right moves

### How pets communicate

Although dogs and cats can't physically speak the English language, they may be saying more than you realise. Understanding a pet's body language is key to understanding your furry friend and what he or she wants to tell you. Here's a list of signs to watch out for and what they mean.



#### Dogs

#### **Tail wagging**

Tail wagging doesn't just mean a dog is happy, it also communicates interest in his or her current surroundings. Keep a close eye on your pet when around other dogs, in case this interest turns into something more dangerous.

#### **Eye contact**

Dogs look deeply at you to determine how you are feeling or are looking for reassurance. Keep an eye out for 'whale eye' (seeing the whites of their eyes) as it's a sign of stress and anxiety. For example, they may show the whites of their eyes when they need forgiveness for a misdeed.

#### **Yawning**

Although your dog might be tired, yawns can occur in times of stress and are a way to calm themselves.

#### **Raised hackles**

When the hair on a dog's back is standing up, it means that he/ she is aroused but not always in a negative way. You can compare this gesture to goosebumps in humans. Owners need to determine what is arousing their pet, and if there is any danger. If growling accompanies raised hackles, it's a sign of worry – exercise caution.

#### Putting a paw on you

Dogs are sensitive and emotional creatures and sometimes they just want to be near you, but a pooch's paw on your body is a sign of asking permission. If you're sitting on the lounge, he could be begging to jump up, or if you're standing up, it could mean wanting to go for a walk.



#### The cat's meow

According to animal behaviouralists, kittens will meow to signal to their mothers while adult cats only meow for their owners.

A short meow is a call for attention. A series of them is an adamant demand! A long meow indicates worry, while chirruping sounds are made to encourage you or other pets to play. Cats also 'chatter' when they're on the hunt and use a hiss as a warning to you and others.

The sound we love most is the purr. The deep-throated rumbling indicates contentment.

#### The eyes have it

Bond with your cat by taking long, slow blinks. When they reciprocate, it is a sign your cat is content.

Dilated pupils mean your cat is stimulated. Use context to know whether you cat is annoyed, afraid or simply excited and playful.

A cat's radar-like ears also give you a visual clue as to their mood. Ears that are flattened show your cat is angry or afraid.

#### The truth in the tail

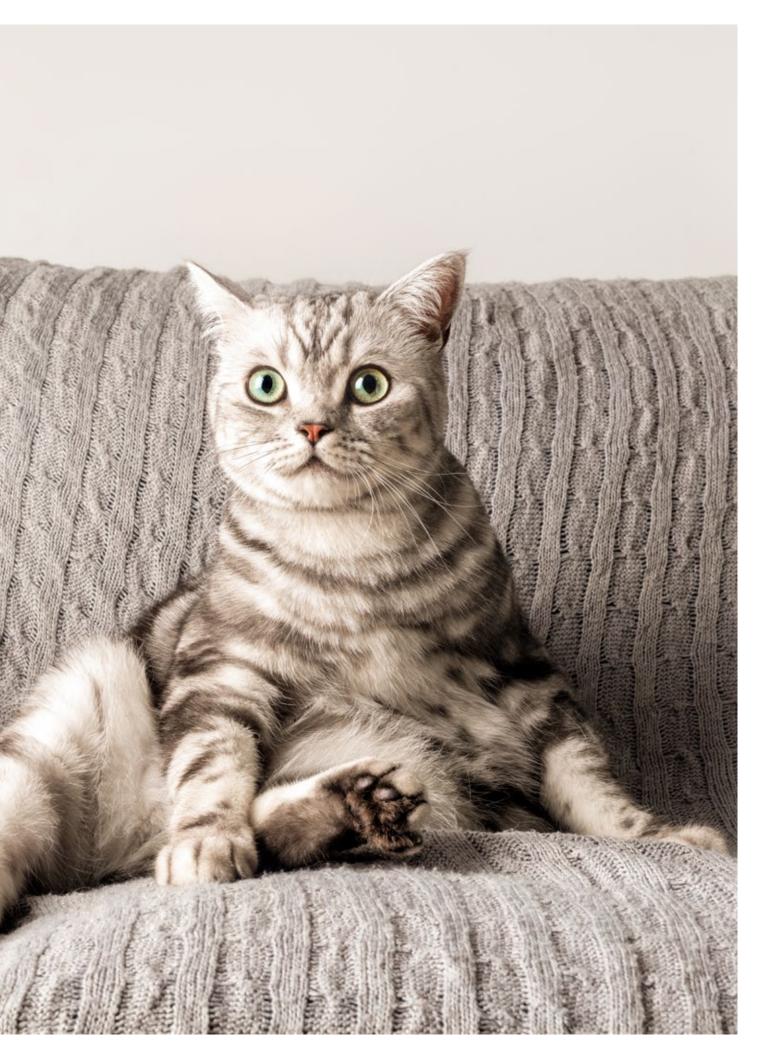
A tail that is upright is a sign of friendliness. Rapid swishing of the tail means they're annoyed. Cats on the hunt keep their tails low or parallel with their bodies.

#### 'Fraidy cats

Cats tend to hunker down and make themselves smaller when scared. When they're terrified or threatened, their fur will fluff up to make themselves appear larger before they lash out with teeth and claws.

With both dogs and cats, it is imperative to look at their body language as a complete package, as none of their signals stand alone. Pets never stop communicating with you, so evaluate the situation and take time to judge the surroundings. By learning to read their body language, your bond will deepen with your furry buddy and there is nothing more rewarding than having their trust.





# Smart tech for pets

## Innovative gadgets for your fur-babies

With technology taking over every aspect of our lives, it is no surprise that 'smart' gadgets have been developed for pets and pet owners.

Over the years pet technology has evolved from automatic pet doors to current trendy items such as self-cleaning litter boxes, pet food launchers and a myriad of smart pet toys.

Pet owners are investing in gadgets to make their lives easier and to keep their furry friends fed, safe and entertained.



#### Smart pet feeder with HD camera

Stay connected and feed your pets wherever you are with this must-have device for busy pet parents. The food bucket has a capacity of seven litres which can provide up to ten meal portions a day. Set up the app on your mobile phone to regulate your pet's mealtimes and feed them remotely. Say hello and communicate with your dogs and cats via the two-way intercom, watch a live feed and get alerted when your pet is close to the feeder.

Buy it at petstock.com.au | \$299.99



#### **Automatic ball launcher**

Keeping your pooch entertained couldn't be easier with an automatic ball launcher. The award-winning brand iFetch is the number one selling fetch toy. Available in two different sizes, there are three distance options to choose from which makes it suitable for indoor and outdoor play. Its funnel design helps your dog throw the ball into the launcher without much effort.

Buy it at amazon.com.au | \$229.00



#### **Heated pet bed**

Your fur-child will stay warm in the winter with this heated bed. Crafted from orthopedic foam, this plush pet bed features a fleecy fabric cover and an optional heating function, keeping your pet cosy and comfortable all year round.

Buy it at catch.com.au | \$44.99



#### Pet health tracker

Fitbits for pets are here! Petble SmartTag accurately monitors the activity, sleep and behaviour levels of your fur-babies. View your pets' wellness data anytime, anywhere via the Petble App on your phone which also gives you suggestions on how to keep them healthy.

Buy it at dicksmith.com.au | \$69.99



#### **Smart laser cat toy**

This wearable device will satisfy your feline's hunting instincts by emitting an uncatchable red laser dot. Sit back and relax while the Cheerble KiTiDOT collar safely entertains your cat.

Buy it at pettecc.com.au | \$49.99



#### Self-cleaning litter box

Featuring a streamlined design that will suit every household, this automatic litter box enables you to leave it to its own devices for 20 to 30 days! Whenever your cat uses the litter box, a mechanism rakes the waste five, ten to 20 minutes later (you decide) into a disposable litter tray that can't be seen (or smelled).

Buy it at amazon.com.au | \$231.00



#### **Smart bone toy**

Enhance your dog's playtime experience with the fun and interactive Pettecc Cheerble Wickedbone Smart Dog Toy. With its two-way communications setup, this toy makes it easy to connect with your dogs and encourage playtime. It's a convenient way to keep your dog entertained even while you're taking care of other tasks.

Buy it at amazon.com.au | \$215.98

## **Amber**

### Sales Managers' Message

With more than 40 concrete slabs poured already in Stage Two, our mighty construction team has done a tremendous job over the past four months, much to the delight of contract holders and the Amber sales team.

New homeowners have been moving into their beautiful villas with another 14 happy residents joining the Amber by Living Gems family in August.

This month will see further progress on the construction of the Country Club at Amber. Works being conducted are the structural steel installation for the lower roof, commencement of scaffolding removal as well as plastering and fitting of internal linings within the ground floor of what is set to be an impressive building.

Our commercial construction team has commenced the implementation of our caravan wash bay and are working hard to complete this structure by the end of August.

Last month, residents celebrated Christmas in July in style by wining and dining at a local venue and enjoying some laughs including a visit from 'Naughty Santa', raffle prize draws, 'Secret Santa' gift sharing and live music. It was certainly a night to be remembered and we all had a wonderful time!

It is an exciting time to be a homeowner at Amber by Living Gems with so much to look forward to! To view the impressive display homes at Amber and to have all your questions answered, please phone our friendly sales team - we would love to show you why making a move into Amber by Living Gems really is "simply lifechanging"!







Amber by Living Gems Sales Team
Tameeka Manson, Sales Manager
M 0407 766 414 | E tameeka@livinggems.com.au
Lynda Ruddell, Sales Manager
M 0456 383 269 | E lynda@livinggems.com.au



# Logan has something for hot dogs

The Logan region has plenty of places to exercise your dog.

#### Logan Village Dog Park

Close to home, the Logan Village Dog Park has ample room for your pooch to run off leash in a safe, fenced area that also has a covered picnic table for their human owners. It's located off Towns Avenue - just a short walk from Amber by Living Gems and Opal by Living Gems.

#### Logan Village to Yarrabilba Rail Trail

If you're looking for a longer walk for you and your pet, why not get adventurous and take the Logan Village to Yarrabilba Rail Trail? This 3km paved track is an ideal place for leashed walks.

At the end of the trail is Buxton Avenue Dog Park which has a safe off-leash area for your pet to run around in.

#### Flagstone Regional Park

For the ultimate in doggie activities, there is the Flagstone Regional Park which is 30 minutes' drive away.

Featuring two off-leash areas - one for little dogs and another for larger pooches, this park has it all to keep Rover entertained for the whole day.

The playground features dog tunnels, grassy mounds with open lawn and an abundance of play equipment on hand.

The most unique feature of this park is a water play area which offers a push button bubbler that shoots water jets up from the ground for your pet to chase.

In fact, why not bring the whole family? The \$12 million facility also has an incredible adventure playground with activities to suit all ages, including a water play park for people too!

Flagstone Regional Park is located off Flagstonian Drive in Flagstone.



## Darling







2 2 1

everything you could want for a relaxed lifestyle in leafy Logan Village. The Darling boasts a harmonious open plan design with seamless indoor-outdoor spaces. Entertainers will love the modern kitchen with large island bench and a walk-in pantry. The generously sized master bedroom, with walk-in wardrobe and double vanity ensuite bathroom, is tucked away at the rear of the home for a peaceful retreat. This lovely home has a two-car garage plus plenty of built-in storage.

\$510,000



## Caboolture Riverfront

### Sales Manager's Message

Get ready to call Living Gems Caboolture Riverfront home with only seven homes now remaining.

These move-in-ready homes are spacious three-bedroom properties on premium sites, including one on a coveted corner site. This design, the Goulburn, is this month's feature home.

Living Gems Caboolture Riverfront is a friendly and vibrant community which always has so much going on – dancing in our grand ballroom, live entertainment, arts and crafts workshops, a thriving community garden and so much more.

Our resort is especially designed for pet lovers with an off-leash area for four-legged community members to meet socially as well as plenty of walking trails for owners and their leashed dogs.

Travel lovers enjoy life at Living Gems too. We have our own travel club with lots of homeowners going on holidays together, whether it is overseas, or exploring our beautiful country by caravan.

And there is plenty to do in Caboolture - from the weekly farmers markets at the Caboolture Showgrounds and spending time getting to know the history of the region at the Caboolture Historical Village which has more than 70 buildings and 100,000 historical objects to explore.

If you're looking at a simply lifechanging move to a friendly over-50s lifestyle resort that has top-notch facilities as well as a strong community spirit, don't wait. Give me a call to arrange a personal inspection of the resort and limited number of exclusive homes available.

Glenys Lowry Sales Manager









Living Gems Caboolture Riverfront Sales Glenys Lowry, *Sales Manager* M 0438 660 436 | E info@livinggems.com.au



## Friends fall in love

Love is in the air at Living Gems Caboolture with homeowners David and Martine Fryer meeting, falling in love and marrying at the resort.

The couple will celebrate their second wedding anniversary on 30 October this year. But it was two moments of tragedy that first brought the couple together.

"My wife Judy passed away a year after we moved into Living Gems Caboolture," said David. "We'd been married for 56 years, and I was going through an absolute black hole."

"I was friends with David's wife when they first moved into the resort as I lived just across the road," said Martine. "Around that time my then-husband and I split."

As neighbours, Martine and David were regulars at ten-pin bowling, the Friday happy hour and regular dinners at the Country Club.

"It just seemed natural that after these events I escort Martine home as she is vision-impaired," said David.

Friendship blossomed into love a little over a year later.

"We were going to wear out the concrete between the

two houses and I'm an old-fashioned kind-of-guy and thought if we're going to live together, we're going to get married."

Martine and David had their engagement party, wedding and reception at the Country Club surrounded by friends and family.

"We can't imagine living anywhere else but Living Gems Caboolture," said Martine. "It's a safe place and not just in terms of security. I don't have to worry about steps, and I can do things without needing David's assistance all the time.

"I walk to the Country Club on my own during the day to play ten-pin bowling with the girls."

At the resort, David and Martine enjoy dancing, the entertainment at the Country Club as well as the movies in the resort's cinema. This month the couple are joining Living Gems friends for a holiday to the town of 1770.



### Goulburn



Ready to move into now and set in a quiet position, the Goulburn is a bright and airy three-bedroom home with high ceiling living and dining spaces that seamlessly flow out onto a north-facing alfresco area with plenty of room to entertain and create your own private oasis. The kitchen boasts a walk-in pantry and integrated appliances ideal for entertaining. When you're ready for 'you time', enjoy the retreat of a spacious master bedroom with large walk-in robe and double vanity ensuite.

\$820,000



## Resort Round-up

Welcome to another edition of our Resort Round-up. The crisp winter weather hasn't stopped the Living Gems crew from having another active and adventurous month at our Living Gems communities. The Queensland weather hasn't disappointed either, bringing with it a buzz to our resorts.

Amber was full of activity, with some of the residents getting into the Christmas spirit early by celebrating Christmas in July. *Thrive* wonders if a turkey was on the menu and what Santa brought. There have also been some unexpected visitors at the resort. Marie Brightwell welcomed a baby butcherbird into her home, even sharing her breakfast with him!

The local birds seem to be doing the resort rounds lately with Opal resident, Anne Cook, receiving a lovely visit in her home from a stunning kingfisher. Their colours are magnificent. Don't we just love the wildlife at our resorts?

Did we mention that the Amber veterans have been introducing some beginners to lawn bowls at their local green? Gary Andrews, Dean and Tina Austin, and Dave

Irwin guided the newbies, providing tips to get them ready for when Amber's new green is complete. We anticipate some serious competition news in the future from this resort who will no doubt challenge their sister resort in Caboolture for some tournaments.

Speaking of Caboolture news, the Diamond Dot group has been creating some wonderful artistic pieces in the name of charity. Their diamond dot pictures were framed and donated to local aged care homes including Sunnymeade Aged Care and Regis Aged Care, donating 12 pictures to each location. Facility coordinators were over the moon, saying 'our residents will love these'. Great job ladies!









### Share your photos and news with us!

If you would like to have your photos featured in the *Thrive Resort Round-up* next month, or have a story idea to share, we'd love to hear from you. Send your photos to us before the 15th of each month to ensure your shots can be included in the next edition. Email us at **content@livinggems.com.au** 





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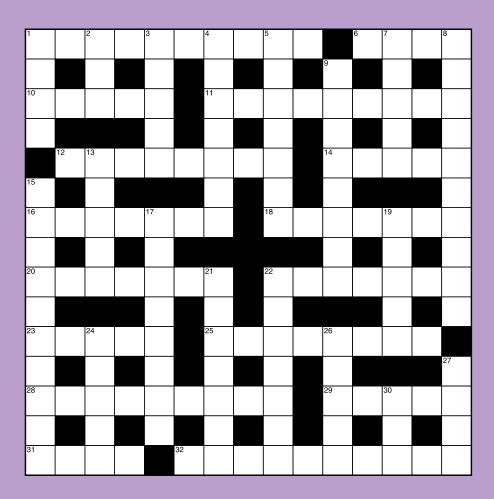








## Crossword



#### Last months solution

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#### Across

- Work together
- 6. Spanish or Italian red
- 10. Russian liquoi
- 11. Lifeless (object)
- 12. Fine woo
- 14. German waterway
- 16. Path
- 18. Tallest mountair
- 20. Flying sortie (3,4)
- 22. Template
- 23. Zany
- 25. Wield
- 28. Speedway vehicle (6,3)
- 29. Actress. ... Holmes
- 31. Hitch
- 32. Economic downturns

#### Down

- 1. Sheltered bay
- 2. Uneven (number)
- 3. US desert. ... Vallev
- 4. Innocence
- 5. Circus swing
- 7. Baghdad native
- 8. Pigging out
- 9 Hottest
- 13 More talented
- 15. Foul-mouthed utterances
- 17. Growing tired (of)
- 19. Squares (up)
- 21. Disorganised event
- 22. Rolling grassland
- 24. Bedtime beverage
- 26. Dutch sea walls
- 27 Adds water to
- 30. As well



#### Home-made dog biscuits

Humans are not alone when it comes to loving the occasional treat or biscuit. To celebrate International Dog Day on 26 August, why not give your special fur-baby a tasty treat by cooking up a delicious home-made doggy biscuit?

They can be made easily using a simple recipe and as few artificial ingredients as possible. Chef Matt Conquest says these tasty and chewy treats are good for all dogs, possibly even the fussy ones which, lucky for him, he doesn't have.

Bake up a batch and freeze a few to pull out when you need a good snack to reward your well-behaved canines.

## Ingredients (Makes 500g)

325g whole wheat plain flour

1tsp baking powder

1 large egg

40g honey

240g water

250g of smooth 100% peanut butter (be sure it has no additives like Xylitol)

#### Method

- 1. Pre-heat your oven to 170 degrees.
- 2. Mix all the ingredients together in a bowl.
- 3. Dust your bench with some flour and tip out the dough onto the bench.
- 4. Lightly knead the dough until smooth.
- 5. Dust the dough ball with more flour and roll out the dough with a rolling pin to 10mm thick.
- Take your cookie cutter (it can be shaped like a bone, but old Rufus won't mind if it's not) and cut out all the dough and place it on a baking tray.
- 7. Re-roll the dough and continue cutting out shapes and repeat until all done.
- 8. Place the tray in the oven and bake for 15-20 minutes until they are lightly golden brown.
- Cool these puppies on a wire rack and once cool you can give them to your dog (but only if they're on their best behaviour!).

Treats can be stored in an air-tight container and in the fridge. You can freeze them and pull out a few out at a time to keep them fresh.

### Frame that shot

Living Gems has launched a 2023 photo competition to highlight some fabulous destinations, favourite local spots, macro shots, action photos, best pet shots and lots more from our homeowners. So, get your cameras and phones ready this year (or dig through your archives)!

As a Living Gems resident, you can submit as many photos of

your choice each month and be in the running to be selected as the month's overall photo winner for the Living Gems community.

Each month, one winning photo will be chosen from across all Living Gems resorts and featured on the back page of *Thrive* magazine and shared on the Living Gems Facebook Page, so get your exclusive bragging rights ready and share your masterpieces with us.

Send your submissions, with your full name, resort name and where the photo was taken, to content@livinggems.com.au



#### **August Photo Winner**

Congratulations to this month's winners, Robert and Sharon Druery from Opal by Living Gems for their stunning photo submission called 'Ceduna Jetty in South Australia'.

#### **Submission Guidelines**

Photos must be:

- Taken horizontally
- At least 2MB in size
- Taken by you

#### Amber

1 Manuka Road Logan Village QLD 4207

1800 317 381

#### Caboolture Riverfront

176 Torrens Road Caboolture South QLD 4510

1800 718 417

#### Gold Coast

70 Hansford Road Coombabah QLD 4216

07 5577 5899

#### Pacific Paradise

596 David Low Way
Pacific Paradise QLD

1800 978 388

#### Opal

42 Quinzeh Creek Road Logan Village QLD 4207

07 5547 2333

#### Ruby

225 Logan Street Eagleby QLD 4207

07 3386 1771

#### Maleny

23 Macadamia Drive Maleny QLD 4552

07 5429 6108

#### Sapphire

196 Logan Street Eagleby QLD 4207

07 3804 7655

